

ADAPTED RECREATION PROGRAMS



**ADAPTED RECREATION SERVICES
BROCHURE & REGISTRATION INFORMATION**
WWW.SCOTTSDALEAZ.GOV/SPORTS/ADAPREC.ASP

To be placed on our mailing list for upcoming Adapted Recreation programs, call the Adapted Recreation HOT LINE @ 480-312-2234.

Sr. Recreation Coordinator - Deanna E. Zuppan, CTRS 480.312.2204
Assistant Recreation Coordinator - Neal Hallihan, CTRS 480.312.2218

COMMUNITY INTEGRATION CONSULTING SERVICE

Want to become involved in recreation activities in your neighborhood? Adapted Recreation Services staff will meet with you individually to discuss your leisure interests and help you explore recreation opportunities in our community. We can help you access "specialized" programs (specifically for persons with certain disabilities) or "traditional" programs and classes with people who do not have disabilities. Call us today to arrange an appointment: 480-312-2234.

CHAPARRAL TEEN CONNECTION

This after-school program is geared for Teens enrolled in Special Education. Students can now relax and enjoy a variety of activities, including fitness, arts & crafts, indoor/outdoor games, sports, leisure education, walks and social skill development in this after school program.

DATES: August 11, 2008 - May 27, 2009

TIME: 3pm-6pm Mon - Fri **LOCATION:** TBA

AGE: 12-22 years **COST:** Free

COURSE CODE: 71527

SATURDAY NIGHT DANCES

Do you want the opportunity to meet new friends and socialize with peers? Would you like to have a place to try out new dance moves? A live DJ spins popular favorites at our monthly dances held the second Saturday of every month. These social dances are geared for teens and adults with developmental disabilities.

DATES: Second Saturday of every month **TIME:** 6:30pm - 8:30pm

AGE: 14 years and older **COURSE CODE:** N/A

COST: \$2.00 per person at the door

LOCATION: Eldorado Community Center — 2311 N Miller Road

REGISTRATION: No pre-registration required, however, all participants must bring a photo ID (school ID, AZ ID, Dial-A-Ride card, etc)

SWEETHEART BALL

Grab someone special and dress to the nines for the annual February Sweetheart ball! Pictures will be taken and refreshments will be provided. Make it a night to remember with someone close to your heart.

DATES: Saturday, 2/14/09 **TIME:** 6:30pm - 8:30pm

AGE: 14 years and older **COURSE CODE:** N/A

COST: \$10.00-Please bring to the door, no pre-registration required!

LOCATION: Eldorado Community Center — 2311 N Miller Road



SPECIAL OLYMPICS BASKETBALL

Special Olympics is for everyone! The Bobcats are gearing up for this year's basketball season and we need YOU on the team! There are 4 options for Special Olympics basketball players-the Adult Traditional and Unified teams, the Junior Traditional team and the all ages Individual skills team. Both the adult and junior Traditional teams are composed exclusively of Special Olympics athletes, the Unified team is comprised of Special Olympics athletes and non-disabled partner players, and the Individual Skills team is for athletes wanting to develop basic basketball skills without playing in 'game' settings. All leagues compete in an area tournament and the State tournament. Lace up your sneakers and hit the court!

TRADITIONAL TEAM

DATE: 1/19/09-4/11/09

TIME: Practices 6:30-8pm M-W

LOCATION: Mohave Middle School

AGE: 18 years and older

COST: Free

COURSE CODE: 73019

INDIVIDUAL SKILLS TEAM

DATE: 1/20/09-4/11/09

TIME: 6:30-8pm Tu

LOCATION: Mohave Middle School

AGE: All ages

COST: Free

COURSE CODE: 73158

UNIFIED TEAM

DATE: 1/19/09-4/11/09

TIME: Practices 6:30-8pm M-W

LOCATION: Mohave Middle School

AGE: 16 years and older

COST: Free

COURSE CODE: 73020

JUNIOR TRADITIONAL TEAM

DATE: 1/20/09-4/11/09

TIME: 6:30-8pm Tu

LOCATION: Mohave Middle School

AGE: 8-17 years

COST: Free

COURSE CODE: 73151

**Run only full loads in
washing machine and
dishwasher. Saves 300
to 800 gallons a month.**



ADAPTED RECREATION (CONTINUED)

SPECIAL OLYMPICS CHEERLEADING

The Bobcats Cheerleading team is back in full effect this year! The team is donning their pom-poms again for another season, and needs your help to show the Bobcats spirit. The Cheerleading team will compete in both the Special Olympics area and State tournaments. Go Bobcats!

DATE: 1/20/09-4/11/09

LOCATION: Mohave Middle School

COST: Free

TIME: Practices 6:30-8pm Tuesday

AGE: All ages (8 years and up)

COURSE CODE: 73029

SCOTTSDALE SOCIAL CLUB

Do you want to have a blast going out on the town for dinner, doing the wave at a ball game or hanging out with your peers? If so, the Scottsdale Social Club (SSC) is for you! Join the SSC to enjoy monthly community outings which provide recreation, socialization and leisure. Pre-registration is required to join and attend activities. SSC is for individuals 16 years or older who have intellectual disabilities. All trips will drop off and pick up from the Pepperwood Building, 7340 Scottsdale Mall.

FOUNTAIN HILLS FESTIVAL OF ARTS AND CRAFTS (NOVEMBER 15)

72952	1:00-5:00pm	Sa	No Registration fee	NOV 15
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ZOOLIGHTS (DECEMBER 12)

72953	5:30- 9:00pm	Sa	\$11	DEC 12
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(Cost \$11 - Payment and registration required by 12/7)

DETOUR PLAY - SEUSSICAL (JANUARY 11)

72954	2:15-5:30pm	Sa	No Registration Fee	JAN 11
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(Cost \$5 or 3 cans of food at the door)



GREEN FACTS



- 🦋 The average American uses seven trees a year in paper, wood, and other products made from trees. This amounts to about 2,000,000,000 trees per year!
- 🦋 The average household throws away 13,000 separate pieces of paper each year. Most is packaging and junk mail.
- 🦋 Americans use 85,000,000 tons of paper a year; about 680 pounds per person.
- 🦋 Across America, home refrigerators use the electricity of 25 large power plants every year.
- 🦋 Some new refrigerators are so energy-smart they use less electricity than a light bulb!
- 🦋 An energy-smart clothes washer can save more water in one year than one person drinks in an entire lifetime!
- 🦋 Run only full loads in washing machine and dishwasher. Saves 300 to 800 gallons a month.
- 🦋 Improper use of and/or disposal of hazardous materials can negatively impact everyone's personal health and safety as well as the health of our environment. Hazardous waste averages 534 lbs. per person per year. (For Hazardous Waste information in Scottsdale: <http://www.scottsdaleaz.gov/recycle/hhwguidelines.asp>)
- 🦋 Light colored roofing and exterior paint and shade trees can reduce energy used for cooling by 50%
- 🦋 Bring Your Own Bags!